

Remote Services for Parents and Families

Families First home visitors, who offer parents emotional and practical support will work with families by telephone until social distancing ends. Leave a message on Georgie Clark's voicemail, at 603-422-8209 to request services from a home visitor.

Daytime and evening support groups for parents will also continue on-line via Zoom. View the Families First virtual support group schedule here:

<https://www.familiesfirstseacoast.org/calendar/category/family-programs/>

Waypoint (*formerly, **Child and Family Services***) is offering free, confidential support and referrals to parents in a need of a listening ear through its telephone warmline, Monday thru Friday from 8:30 a.m. to 4:30 p.m. at:

1-800-640-6486